

Tijuana River Valley Regional Park

2721 Monument Road
San Diego, CA 92154
ThomBros: 1350-B3
619.428.2946



Legend

- | | | | |
|--|--------------------------|--|---------------------------|
| | Park Boundary | | Park Trail |
| | Water Body | | Nature Trail |
| | Park Entrance | | Concrete Path |
| | Gate | | Paved Road |
| | Trailhead | | Unpaved Service Road |
| | Kiosk | | River |
| | Staging Area | | Intermittent Stream |
| | Parking Area | | 200' Topographic Contours |
| | Picnic Area | | 40' Topographic Contours |
| | View Point | | Highway |
| | Day-Use Area | | Major Roads |
| | Restroom | | Streets |
| | Bridge or River Crossing | | |

This 1698-acre park offers a diverse array of habitats that enhance visitors' experiences -- from dense riparian forests along the Tijuana River to coastal maritime sage scrub on top of Spooner's Mesa. You're welcome to experience the extensive system of 22.5 miles of trails that link the many habitats in this fertile river valley. You can hike or ride a horse along miles of trails, or bring your binoculars to see birds in one of the best birdwatching spots in the county.

Horse trails connect the Equestrian Staging Area to the Pacific Ocean. Parking is due west from the Visitor Center at 2310 Hollister Street. Pullouts for trailers, corrals, and picnic tables are all available to help you stage your ride.

